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Dear Parents

I look forward to seeing many at the Year 9 Parents Day coming up soon. I want to say also there are some places left on the Parents Retreat Day on Friday 14 Nov, the day before, on the theme of Peace.

The retreats are a much appreciated opportunity to step outside the normal rhythms of life (I appreciate it's a work day), to get to know better parents of the same year group and enjoy the time together, and to explore together aspects of the depth of offering we make to your children here at school.

For many, these retreat days are a welcome relief, a good preparation for the parents day, and a chance to spend time with others who don't get the chance often or ever to make a retreat - the day assumes absolutely no prior knowledge/expertise on your part.

It's the whole day starting with Mass in the Abbey Church with the monastic community at 9am, followed by coffee and welcome, input and discussion, time to read and reflect, a good and relaxed lunch, walk, followed by tea and peaceful conclusion around 5pm.

The retreat takes place in the Monastery Grange (guest house), and it's free of charge. To join the retreat contact Ali Gardiner at [aga@ampleforth.org.uk](mailto:aga@ampleforth.org.uk). If you have any questions, do be in touch with me.

With every good wish

Fr Ambrose

**Ambrose Henley OSB, Dean of the College**