



AMPLEFORTH COLLEGE

SPORTS FIRST AIDER

Job Description

The role of a Sports First Aider is crucial for ensuring the safety and well-being of players, coaches, and other individuals during matches, training sessions, and events. As a first aider, you will provide immediate medical assistance to injured or ill players until professional help arrives in line with First Aid training. Carrying out duties in the most cost-effective and efficient way, you will follow all legislation, as well as our own policies and procedures, relating to working with children, safeguarding, and Health and Safety.

Main Duties:

- Be present at matches and training sessions to promptly assess and manage acute injuries
- Utilise structured assessment frameworks (such as SALTAPS: See, Ask, Look, Touch, Active, Passive, Strength) to diagnose and treat sprains, fractures, and If in Doubt, Sit Them Out for concussion symptoms.
- Administer life-saving interventions when necessary, including CPR, AED usage, bleeding control, and spinal injury management. Use of analgesia, including Entonox, and the application of appropriate splintage.
- Ensure first aid kits are fully stocked with required supplies (e.g., compression bandages, ice packs, strapping) and maintain automated external defibrillators.
- Act as the primary liaison between injured players, coaching staff, and medical professionals. Coordinate with ambulance services for safe hospital transfers.
- Log all incidents, treatments, and injury recoveries, while ensuring strict data privacy and safeguarding protocols
- Ensure the safe handover of pupils following injury or illness (including advising parents or guardians where follow-up care may be required)

Line Manager

Lead Nurse & Nurse Practitioner