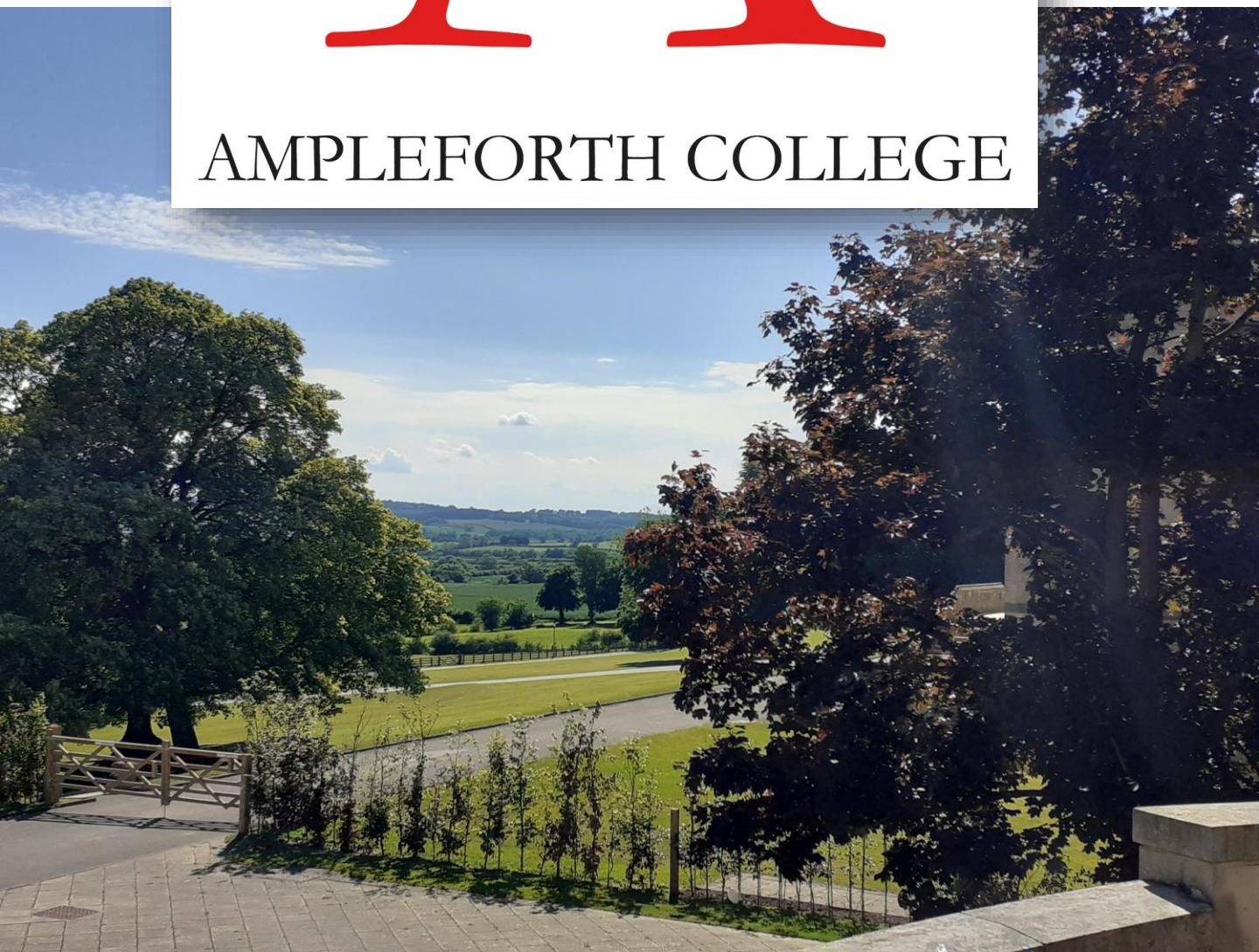


Student Safeguarding guide
2022-2023



AMPLEFORTH COLLEGE



What is safeguarding?

Safeguarding is the duty of the College to protect you from harm, wherever you are and whatever you are doing, while you are a student at the College.

How do we safeguard you?

We have to think about safeguarding in everything that we do. This means:

- We only employ people who are safe to work with you.
- We manage who is allowed on site and how they are supervised.
- All our staff are trained to understand safeguarding.
- We have to put your safety and wellbeing as the first priority at all times.
- We have to protect you from people online who may wish to harm you or draw you into ideas that are dangerous.
- We have to take action if we think that you are in need of help, or at risk of coming to harm.
- Sometimes we may need to ask other people from outside, with specialisms in safeguarding, to help and advise us.

Who can you talk to if you are worried about yourself, or someone else?

There are plenty of people to talk to, and they will make time for you !



The House Team – your HSM, Assistant HSM and Matron, and the tutors.



The Infirmary. It is open all the time during term-time.



The Learning Support Department.



Your House Chaplain, or one of the Lay Chaplains.



Any teacher or any other member of staff.



One of the College counsellors (by appointment)



The Designated Safeguarding Lead (DSL) or one of their deputies.



A family member.



One of your friends.

Contact details for help inside and outside the College are on the last page.

You are worried about you. What can you do?



1. Remember to breathe. Take some slow deep breaths. You are going to be OK.
2. If you are somewhere where you feel unsafe, leave that place now and find a safe adult. In College that means any staff member. They will be wearing a black lanyard (badge hanging round their neck).

If you are away from College or you cannot find a staff member, call someone you trust and say where you are. If it is an emergency, call the police.
3. Tell the staff member that you are worried about something, and you need to talk to them. They will stop and listen. They might take you somewhere safe where other people will be.
4. Tell the staff member what is worrying you. They will not judge you or make assumptions about you. They may need to tell other people, but only in order to help you.
5. It doesn't matter whether the thing worrying you happened this morning, in the holidays, or before you started at Ampleforth. Help is always there for you.

You are worried about someone else. What can you do?



1. It can be difficult to talk about someone else's problems, especially if they don't want you to, or you are worried about keeping their friendship.
2. But sometimes a friend or family member really does need help, but they can't see it themselves, or are not yet ready to ask for it.
3. Worrying about them can affect you, but you don't need to carry this alone.
4. Speak to a staff member about the person you are worried about.
5. They will be able to reassure you and get advice on how to help the person you are worried about.

Where can you get help and support?

Inside the College ...



Your House Team – if you are worried in House there will be contact details in House about how to reach the staff member on duty.

The Infirmary – Mr Skinner is the Senior Nurse and there are staff on duty all the time in term-time. The Infirmary is just opposite St Aidan's House. The telephone number is: **01439 766 442**

Learning Support – The LS Dept is next to Big Study in the main building. Mrs Cameron and her team are available throughout termtime.

Email: learning.hub@ampleforth.org.uk

The Designated Safeguarding Lead and Deputies

The DSL and Deputies have overall responsibility for your safeguarding. They are located in the Pastoral Hub on the first floor of the Main Building, next to I.T.

DSL: Dr Dunn ajd@ampleforth.org.uk Tel: 07896 006 862

DDSL: Mr Mutton (Deputy Head, Pastoral) jbm@ampleforth.org.uk

Tel: 07780 956 368

DDSL: Mrs Cook (Assistant Head, Pastoral & Behaviour) mcco@ampleforth.org.uk

Tel: 07581 044842

DDSL: Mrs Carey (termtime) alc@ampleforth.org.uk Tel: 07866 797 326

DDSL: Mrs Skinner (termtime) crs@ampleforth.org.uk Tel: 07866 127 228

If you would like to make an appointment to see one of the counsellors (Mr Allisstone and Mrs Brown) ask your HSM or call into the Pastoral Hub.

Outside the College ...



Text YM to 85258 (support for mental health and wellbeing)



Tel: 0800 068 41 41

Mob: 07860 039 967 (suicide prevention)

Email: pat@papyrus-uk.org

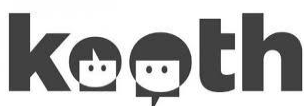


Tel: 0800 11 11 (any issues)

childline.org.uk



thinkuknow.co.uk/11_18/ (online safety)



kooth.com (psychological support)