

from CHRISTIAN LIVING DEPARTMENT



AMPLEFORTH COLLEGE

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Dear Parents

We believe that promoting the health and wellbeing of our pupils is an important part of their overall education. We do this through our personal, social, health and emotional (PSHE) curriculum delivered in lessons called Christian Living. PSHE covers many topics including all kinds of relationships, physical/emotional health and the skills needed to live in the wider world. The aim of our PSHE curriculum is to help pupils make safe and informed decisions during their school years and beyond. The Christian Living Policy can be found [here](#).

Relationships, sex and health education (RSHE) is the statutory element of our PSHE curriculum and all schools in England are required to teach. We will be teaching lessons about RSHE/RHE as part of our Christian Living programme and in additional off-timetable workshops. This will include topics such as families; online safety; puberty; relationships and communication skills; pregnancy and birth; contraception; sexually transmitted diseases; prevention of sexual abuse; body image; sexting and social media; pornography; consent. This has been carefully adapted so that it follows the guidelines of the Catholic Education Service at the same time as meeting our statutory obligations. During these lessons, pupils will be able to ask questions, which will be answered factually in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

You have the right to withdraw your child from **sex education** delivered as part of RSHE in secondary schools which, unless there are exceptional circumstances, will be granted up to three terms before your child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school will arrange for this to happen in one, two or three terms before the child turns 16 – the legal age of sexual consent.

There is no right to withdraw from Relationships Education at secondary level and we believe the content of these subjects are important for all children to be taught.

If you have any queries about the content of the programme or resources used, please do not hesitate in contacting me at school. All materials used are available for you to browse through should you so wish.

Yours sincerely

Maaïke Carter
Head of Christian Living